CHILDREN’S MENTAL HEALTH AWARENESS

1 IN 12 HIGH SCHOOL STUDENTS ATTEMPTED SUICIDE LAST YEAR.

A.C.T
ACKNOWLEDGE
CARE
TELL

If you or someone you know needs help,
1-800-273-TALK
OR
Text “CARE” to 839863

The A.C.T® (Acknowledge/Care/Tell) model of suicide prevention was developed by Screening for Mental Health, Inc.